

Vroom Patterns and More...

<p>Name That Food: Pick three food words and make a pattern, “banana, apple, pear.” Repeat it three times together with your child. Then leave out the middle word and see if they can guess what it is? Try leaving out the first and the last word too. Add another word when this gets easy.</p>	<p>What your child is learning: When your child is listening to words and making patterns with you, they're creating and then using a rule. Understanding and applying rules will help them learn math concepts. When they guess what comes next, they're using their working memory.</p>
<p>Sky Watchers: What do you see and hear in the sky? Say, “I see a cloud. Do you see a cloud? I hear an airplane. Where is it?” As your child grows, they will start pointing to things in the sky too. Children love the game of I Spy, no matter how you play it.</p>	<p>What your child is learning: When you help your child learn to look carefully at what is all around them, you're helping them be a better observer, like a scientist. Noting what is going on is a key to learning now and in the future.</p>
<p>Scavenger Hunt: Before you go out, make a list with your child of natural things to collect as you go, like leaves or stones. When you get back, see if they can count how many of each item they found. Talk together about what you notice. What's the same and what's different about them?</p>	<p>What your child is learning: Making a list is a great way to expose your child to the everyday importance of reading and writing. When you talk back-and-forth about what you see, you're building their communication skills and vocabulary. When they explore the world around them, they're learning about science firsthand.</p>
<p>Little Chef: Keep your child engaged in dinner prep. Take turns measuring, pouring, and mixing. If they might spill, put the bowl in the sink so spilling is okay. Talk to them about what you're doing and the ingredients you're using. Encourage them to smell, touch (and taste!) as you go. Ask them what they notice.</p>	<p>What your child is learning: This activity gives your child the opportunity to hear new words, which builds their vocabulary. Measuring involves counting, which will help them with math in the future. Having a conversation about the experience helps them develop their communication skills.</p>

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